## **READY TEAM? COOK!** – build your team through food, friendship and challenge.





The Ready Team-Cook! Experience will help your team by working on the following areas:

- Team Values
- High Performance
- Celebrating team successes
- Working under pressure
- Conflict Management
- Energy and motivation
- Budgeting
- Project leadership
- Having Fun
- Sharing learning and collaboration
- Building trust through shared experience

## **Your Journey**

Our Team development sessions are based upon the Drexler Sibbet Team Performance model which enables teams to quickly and effectively identify their purpose, roles, goals and processes.

We also believe team development is about building spirit as well as capability so our activities are fun and memorable.

The Ready Team-Cook! experience is run by experienced Leadership Coach Martin Hilton alongside esteemed Master Chef Brian Mellor.

As a team you will create and share a vision of your menu, determine your values and collaborate to produce a meal experience from a mystery box of ingredients. Deadlines are critical, as are standards. Your final dishes will be judged so its important to understand the skills in the team and identify who knows their meringues from their macaroons.

The event will be lots of fun but lots of pressure too creating memories with your team. Throughout the programme we take time out to relate back to real life so learnings in team behaviours and values can be committed to action back in the workplace.

The team build programme can be designed as a one day session but is best experienced over a day and a half which enables the team to enjoy an evening of gastronomy (if you succeed in your mission!) with a review session next day to reflect and commit learning to action.

## The Experience

This activity will enable the team to work more effectively together. Solid team and interpersonal earning and reflection is intertwined with cooking and food skills. All ingredients and equipment are provided along with a safe environment and supervision and skill support from the much acclaimed Brian Mellor. Dinner with a few beers or wine creates a fitting team celebration.

## **Practical Details**

Group size: 6 plus (Price based on a minimum of 12 participants Duration: 1 to 2 days

Additional activities can be added on to enhance the activity including Beer Tasting, Camping, Outdoor Activities and Challenges.

